### **Frequently Asked Questions**

What is a Cancer Navigation Consultant™?

Much like the role of Patient Navigators, Cancer Navigation Consultants<sup>TM</sup> function as "guides" assisting patients and caregivers in navigating the healthcare system. A CNC<sup>TM</sup> can be a registered nurse, a social worker, or a nurse practitioner. A CNC's<sup>TM</sup> particular area of expertise is working with people who have been diagnosed with cancer. We also work with spouses, family members, caregivers and friends to provide comprehensive care for our clients.



# What are the hours and where are the locations that I can meet with a Cancer Navigation Consultant $^{TM}$ ?

One of the exceptional benefits of working with a PEG'S Group CNC<sup>TM</sup> is the flexibility that we offer regarding our consultations. If it is not convenient for you to come to our office, we can make arrangements for you to have a CNC<sup>TM</sup> meeting either in your home, at work or another agreed upon location. Our regular hours are from 8AM to 8PM, but your CNC<sup>TM</sup> will work with your schedule and help set up convenient appointment times.



# Does my insurance cover the expenses for a PEG'S Group $CNC^{TM}$ ?

At this time, most insurance agencies do not reimburse for cancer navigation services, but we hope that will change in the future. PEG'S Group is a private-sector fee for service group. Our independent status enables us to operate without constraints and to provide the quality of services that we believe consumers want and deserve.



#### How do I get started?

Call us at 718-246-PEGS (7347) for a free consultation and to arrange an appointment with your personal Cancer Navigation Consultant<sup>™</sup>.

- Compassionate support
  - Decision making
- In home consultations
  - Individualized guidance
  - Advocate for best possible care
- Navigate the healthcare system
- Arrange appointments

Customized information

- Problem solving
- One-to-one counseling
- Ouality of life focus
- Referrals to resources
- Treatment options

#### If you or someone you care about has been diagnosed with cancer, don't

- Lose hope because of what you hear or read.
- Let the diagnosis of cancer control your life.
- Waste your energy reinventing the wheel.
- Permit others to make decisions for you.
- Allow the healthcare system to make you feel lost and confused.
- Sacrifice the valuable time you could be spending on pleasurable activities.

Don't deal with this alone. We are here to help.

> Call us 718-246-PEGS (7347)



25 Washington St. Brooklyn, NY 11201 Phone: 718-246-PEGS (7347)

www.pegsgroup.com

# PEG'S Group

PERSONAL EDUCATION GUIDANCE & SUPPORT



## Cancer Navigation Consultants<sup>™</sup>

If you or someone you care about has been diagnosed with cancer, chances are you need more individualized assistance than the healthcare system can provide.

At a time when you need it most, a Cancer Navigation Consultant<sup>™</sup> can be a reliable ally who you turn to for information, guidance and support.

> 718-246-PEGS (7347) www.pegsgroup.com

PEG's Group is an independent group of Cancer Navigation Consultants™ who provide Personal Education, Guidance and Support for individuals affected by cancer. PEG'S Group
embraces a philosophy of
maintaining hope,
preserving health and
sustaining life-affirming
activities

**We Empower** you by providing you with the strategies needed to:

- navigate the healthcare system
- advocate for the best care and treatment
- communicate effectively so that people hear what you say

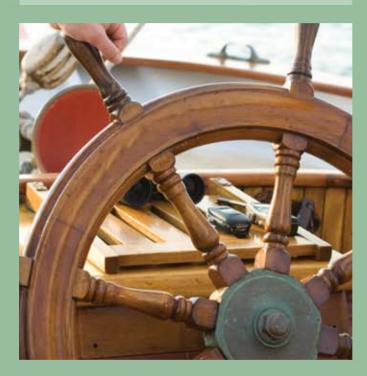
We Educate you about methods that will allow you to:

- preserve your health
- maintain hope
- prioritize your adaptive needs
- sustain a maximum quality of life

We Enable you to spend more time on pleasurable activities by:

- finding and consolidating specific information for you from the internet
- guiding you efficiently through complex necessary processes
- assisting you in managing the tasks that accompany a life threatening disease

Every person affected by cancer is different. PEG'S Group will work with you to understand your unique needs, wishes, fears and goals.



Getting professional help at a time when your situation is emotionally charged can make a significant difference in the outcome.

Call us and ask how we can assist you in navigating your life while managing your cancer.

718-246-PEGS

### A Cancer Navigation Consultant<sup>™</sup> Can...

- **Come to your home**, place of employment or other agreed upon location for consultations.
- **Provide you with information** and educate you about the systems, language and procedures of the health care system and inform you of your rights and entitlements.
- **Assist you** in setting up your medical appointments, reviewing vital questions to ask, helping to coordinate your plan of care and/or accompanying you on these appointments.
- Carry out internet research and consolidate the relevant information for you.
- Advocate for you or educate you around selfadvocacy so that you can obtain the best care and treatment options.
- **Present you with the protocols** and paperwork that help you maintain control over your decisions.
- **Assist you in resolving difficulties** you may encounter with financial, insurance, transportation, employment and legal matters.
- **Help you identify** what is most important to you as you proceed through the constantly changing experience of your diagnosis.
- Continue to support you and your family through the stages of end of life care and bereavement if and when it becomes necessary.

For more information about our services, please visit our website at

www.pegsgroup.com